

Sauna Kit Guide

CEDAR SPECIALTY SHOPPES

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Do-It-Yourself Sauna Kits

CEDAR SPECIALTY SHOPPES

Cedar Specialty Shoppes is a "One Stop Shop" that will reduce your time and cost of purchasing from multiple suppliers. When you use one of our cedar sauna material packages, you leave with 100% of all the materials you need to complete the inside of the sauna – the first time! Below is a summary of the components we provide in your Cedar Sauna Kit. With over 15 years of building saunas; we have the expertise for both the first-time builder and the experienced contractor or carpenter.



Aluminum Foil Vapour Barrier

Your Do-It-Yourself kit begins with heat reflective foil to line the walls and ceiling prior to applying the tongue and groove cedar. Aluminum foil is key in reflecting heat back to the interior of the room and add insulative value. It also stands up to the heat of the sauna unlike plastic vapour barriers.

Tongue & Groove Cedar

Clear kiln dried, 1" x 4" tongue and groove is supplied to cover all the walls and ceiling. Our T&G is a minimum of 5/8" thick and is typically supplied for horizontal application.



Cedar Benches

Clear kiln dried, 2" x 4" are supplied to build an upper and lower bench on the longest wall. Also included are all the underside bench crosspieces, bench hangers, bench fascia and all the necessary screws and fasteners.

Optional bench designs, such as "L" shape benches, are common in larger saunas and



can be ordered as required.
Larger saunas typically replace bench hangers with bench frames adding strength and durability.





Solid Cedar Sauna Door

A prefabricated, 24" x 72" solid cedar door is included and can be ordered with or without a bronzed window. Our doors are constructed using clear kiln dried tongue & groove 2 x 4's bolted together using threaded rods to eliminate contraction and expansion. Upgrades are available, we offer a variety of door styles and sizes, some doors have multiple windows or full windowpanes. Cedar door windows can be tempered or thermal pane glass, this glass is available in clear or bronze. Custom windows using tempered glass are also available and

can be added upon request.

Sauna Door Trim

Door trim includes 1 x 6 clear, kiln dried boards for the door frame, a set of cedar door stops and a set of bevel casing for the interior of the sauna. A pair of cedar door handles, brass door hinges, and an adjustable nylon door catch are included.



Heater

Based on room dimensions, we include the proper kilowatt sized "Saunacore Heater" complete with controls and igneous granite sauna rocks. Our standard residential heater is stainless steel and can be flush or corner mounted on the wall. Controls can be located on the outside of the room or can be ordered with the control mounted on the heater

itself. A variety of heater upgrades and options are available. All heaters meet CSA and UL standards of approval.



Heater Guard

In your Cedar Sauna Kit, clear kiln dried 2" x 2" and 1' x 4' cedar boards, are supplied to build a protective guard or barrier around the heater to prevent any accidental contact with the heater.



Light Fixture

A vapour proof sauna light is supplied and can be specified as either a wall mount or ceiling mount light.



Hardware

All the necessary ceramic screws, plated screws and galvanized nails are included to build your Cedar Sauna Kit.

Advantages of Cedar Speciality Shoppes Sauna Kit

Saves Time & Money

Cedar Specialty Shoppes takes the time to select the exact amount of material required to build your sauna. While we will still provide a few extra pieces of tongue and groove to compensate for the odd bad piece or perhaps a mistake that you might have made cutting a board. Ultimately, you get all that you need without having purchased extra materials that may not get used, and you will not run short from miscalculating your project needs. This eliminates time and expenses of having to make multiple trips to the local hardware or lumber store.



Material List and Labeling

Our customer service team also takes the time to draft up a material list which details all the components included in each and every sauna kit that we sell. Our warehouse personnel use this list to select your sauna kit materials and then provide a copy of the list in your sauna package, verifying everything in your kit. All the items are also carefully labelled so our customers can identify what each piece of wood is designated for. This will eliminate costly errors caused by "not knowing" what the

intended use is, for any of the lumber in the kit. We want to eliminate any mistakes that you might make by providing proper labeling of all the components in your Cedar Specialty Shoppes Sauna Kit.

Size Flexibility

You can virtually have any size, shape, or design that you want for your sauna room. Although our expert staff might give you some advice and recommendations based on room design and layout, we realize that this is your sauna. Therefore, we will work with you, to create the perfect sauna to suit your needs and desires. Take time to review some typical layouts for large and small saunas, included on pages 6 & 7 of this brochure. Or feel free to draft out your own room and provide us with all necessary dimensions and our sauna experts will provide a customized price for your sauna.



Product Quality

Cedar Specialty Shoppes uses Clear, Kiln Dried, Western Red Cedar in all our sauna kits. The majority of the wood used in a Cedar Specialty Shoppes Sauna Kit is premium grade "A & Better" or "B & Better" Clear. However, choosing from an assortment of cedar grades allows us to reduce the overall cost of your sauna. For example, the sauna benches use a grade of clear kiln dried 2 x 4's that have some minor defects on one side of the board. This grade is often referred to as a "patio clear", and like a deck you will not see the under side of the board unless you crawled under the benches. The cost of "patio clear" versus "A & Better" (which is good on all four sides) is substantially less. These details allow us to reduce the overall costs and the price of your Cedar Specialty Shoppes Sauna Kit, without sacrificing quality where it counts!



Specialization

The different grades of cedar lumber that we deal with would typically not be available from most lumber retailers, or sauna suppliers. Cedar Specialty Shoppes is a specialty retailer, therefore our expertise in the lumber business combined with over 15 years experience in the sauna industry allows us to provide our customers with

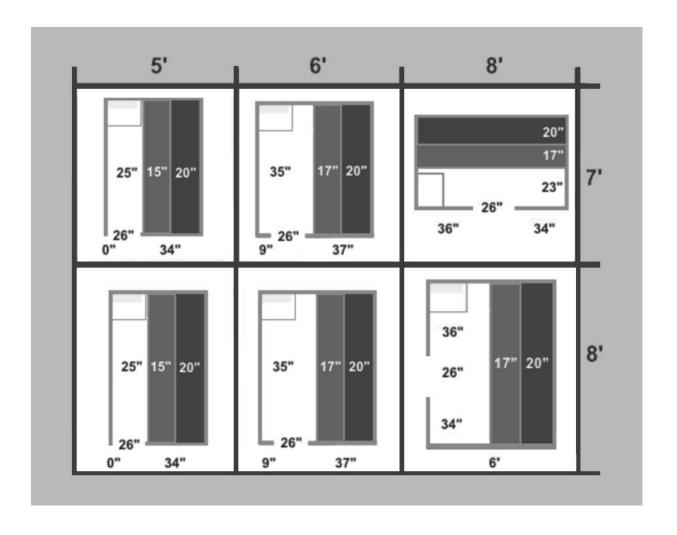
what we believe is a superior Cedar Sauna Kit. Ultimately you are buying your kit from one supplier, eliminating the need to deal with several different parties, as well as aggravations created by differences in opinions that several retailers might have.

Customer Satisfaction Guarantee

Heaters all come with manufacturer's warranty and Cedar Specialty Shoppes will honour all manufacturer's warranties as stated. Although wood products do not come with a warranty, at Cedar Specialty Shoppes we believe in customer satisfaction, any wood products that our clients deem unsuitable can be returned for exchange prior to installation. We provide premium services, to smart, discerning clients, and our mission is to deliver total satisfaction.



Small & Medium Sauna Sizes – Sauna Kit Layouts



Large Sauna Sizes – Sauna Kit Layouts

